



Timetable

Adult Nationals 2024

Please ensure you are ready to skate at least 30 minutes before your scheduled time.

May be subject to change.

Last updated: 22/02/2024

Monday 4th March

Start time	End Time		
7:10	7:30	Ice Resurface	
7:30	7:35	Warm Up	5
7:35	7:53	Silver - Free - Women - Young Adult - Group 1	5
7:53	7:58	Warm Up	5
7:58	8:16	Silver - Free - Women - Young Adult - Group 2	5
8:16	8:21	Warm Up	6
8:21	8:43	Silver - Free - Women - Young Adult - Group 3	6
8:43	8:48	Warm Up	6
8:48	9:10	Silver - Free - Women - Young Adult - Group 4	6
9:10	9:25	Ice Resurface	
9:25	9:30	Warm Up	6
9:30	9:52	Silver - Free - Women - Group 1	6
9:52	9:57	Warm Up	6
9:57	10:19	Silver - Free - Women - Group 2	6
10:19	10:24	Warm Up	6
10:24	10:33	Silver - Free - Women (1) then Men (5)	6
10:33	10:48	Ice Resurface	
10:48	10:53	Warm Up	5
10:53	11:18	Gold - Free - Women - Group 1	5
11:18	11:23	Warm Up	6
11:23	11:53	Gold - Free - Women - Group 2	6
11:53	11:58	Warm Up	6
11:58	12:28	Gold - Free - Women - Group 3	6
12:28	12:33	Warm Up	6
12:33	13:03	Gold - Free - Women (2) then Men (4) - Group 4	6
13:03	13:18	Ice Resurface	
13:18	13:21	Warm Up	1
13:21	13:23	Bronze Couples PD 1	1
13:23	13:26	Warm Up	3
13:26	13:35	Pre-Bronze Couples PD 1 - Group 1	3
13:35	13:38	Warm Up	3
13:38	13:47	Pre-Bronze Couples PD 1 - Group 2	3
13:47	13:50	Warm Up	5
13:50	14:05	Bronze Solo PD 1	5
14:05	14:08	Warm Up	3
14:08	14:16	Silver Solo PD 1	3
14:16	14:31	Ice Resurface	

14:31	14:34	Warm Up	3
14:34	14:43	Gold Solo PD 1	3
14:43	14:46	Warm Up	6
14:46	15:04	Pre-Bronze Solo PD 1 Women -Group 1	6
15:04	15:07	Warm Up	6
15:07	15:24	Pre-Bronze Solo PD 1 Women (4) then Men (2) -Group 2	6
15:24	15:39	Ice Resurface	
15:39	15:42	Warm Up	1
15:42	15:45	Bronze Couples PD 2	1
15:45	15:48	Warm Up	3
15:48	15:57	Pre-Bronze Couples PD 2 - Group 1	3
15:57	16:00	Warm Up	3
16:00	16:08	Pre-Bronze Couples PD 2 - Group 2	3
16:08	16:11	Warm Up	5
16:11	16:26	Bronze Solo PD 2	5
16:26	16:29	Warm Up	3
16:29	16:38	Silver Solo PD 2	3
16:38	16:53	Ice Resurface	
16:53	16:56	Warm Up	3
16:56	17:04	Gold Solo PD 2	3
17:04	17:07	Warm Up	6
17:07	17:25	Pre-Bronze Solo PD 2 Women - Group 1	6
17:25	17:28	Warm Up	6
17:28	17:45	Pre-Bronze Solo PD 2 Women(4) then Men(2) - Group2	6
17:45	17:45	End of Skating	

Tuesday 5th March

Start Time	End Time		
7:00	7:20	Ice Resurface	
7:20	7:25	Warm Up	5
7:25	7:40	Bronze Free - Women - Young Adults -Group 1	5
7:40	7:45	Warm Up	5
7:45	8:01	Bronze Free - Women - Young Adults - Group 2	5
8:01	8:06	Warm Up	5
8:06	8:22	Bronze Free - Women - Young Adults - Group 3	5
8:22	8:27	Warm Up	5
8:27	8:43	Bronze Free - Women - Young Adults -Group 4	5
8:43	8:48	Warm Up	5
8:48	9:04	Bronze Free - Women - Young Adults - Group 5	5
9:04	9:09	Warm Up	6
9:09	9:28	Bronze Free - Women - Young Adults - Group 6	6
9:28	9:43	Ice Resurface	
9:43	9:48	Warm Up	6
9:48	10:07	Bronze Free - Men	6
10:07	10:12	Warm Up	5
10:12	10:28	Bronze Free - Women - Group 1	5
10:28	10:33	Warm Up	5
10:33	10:48	Bronze Free - Women - Group 2	5
10:48	10:53	Warm Up	6
10:53	11:12	Bronze Free - Women - Group 3	6
11:12	11:17	Warm Up	6
11:17	11:36	Bronze Free - Women - Group 4	6
11:36	11:51	Ice Resurface	
11:51	11:56	Warm Up	3
11:56	12:06	Masters - Artistic	3
12:06	12:11	Warm Up	4
12:11	12:24	Gold - Artistic	4
12:24	12:29	Warm Up	4
12:29	12:42	Silver - Artistic - Group 1	4
12:42	12:47	Warm Up	4
12:47	13:00	Silver - Artistic - Group 2	4
13:00	13:05	Warm Up	5
13:05	13:21	Silver - Artistic - Group 3	5
13:21	13:36	Ice Resurface	
13:36	13:41	Warm Up	5
13:41	14:02	Pre-Bronze Solo Free Dance - Men (2) then Women (3) - Group 1	5

14:02	14:07	Warm Up	6
14:07	14:32	Pre-Bronze Solo Free Dance - Women - Group 2	6
14:32	14:37	Warm Up	6
14:37	15:00	Pre-Bronze Solo Free Dance - Women - Group 3	6
15:00	15:15	Ice Resurface	
15:15	15:20	Warm Up (Joint)	3
15:20	15:35	Adult Pairs (1) then Intermediate Pairs (2)	3
15:35	15:40	Warm Up	4
15:40	16:01	Masters - Women - Group 1	4
16:01	16:06	Warm Up	4
16:06	16:26	Masters - Women - Group 2	4
16:26	16:41	Ice Resurface	
16:41	16:46	Warm Up (Joint)	2
16:46	16:54	Pre-Bronze (1) then Bronze Couples (1) Free Dance	2
16:54	16:59	Warm Up	6
16:59	17:24	Bronze Solo Free Dance - Group 1	6
17:24	17:29	Warm Up	6
17:29	17:54	Bronze Solo Free Dance - Group 2	6
17:54	18:09	Ice Resurface	
18:09	18:14	Warm Up	5
18:14	18:35	Gold Solo Free Dance	5
18:35	18:40	Warm Up	4
18:40	18:57	Silver Solo Free Dance	4
		End of Skating	

Wednesday 6th March

Start Time	End Time		
7:10	7:30	Start of Skating	
7:30	7:35	Warm Up	
7:35	7:54	Pre-Bronze Free- Women - Young Adult - Group 1	6
7:54	7:59	Warm Up	
7:59	8:19	Pre-Bronze Free - Women - Young Adult - Group 2	6
8:19	8:24	Warm Up	
8:24	8:43	Pre-Bronze Free- Women - Young Adult - Group 3	6
8:43	8:48	Warm Up	
8:48	9:08	Pre-Bronze Free - Women - Young Adult - Group 4	6
9:08	9:13	Warm Up	
9:13	9:32	Pre-Bronze Free- Women - Young Adult - Group 5	6
9:32	9:52	Ice Resurface	
9:52	9:57	Warm Up	
9:57	10:13	Pre-Bronze Free - Women - Young Adult - Group 6	5
10:13	10:18	Warm Up	
10:18	10:32	Pre-Bronze Free - Men -Group 1	4
10:32	10:37	Warm Up	
10:37	10:53	Pre-Bronze Free - Men -Group 2	5
10:53	10:58	Warm Up	
10:58	11:14	Pre-Bronze Free - Women - Group 1	5
11:14	11:19	Warm Up	
11:19	11:36	Pre-Bronze Free - Women - Group 2	5
11:36	11:56	Ice Resurface	
11:56	12:01	Warm Up	
12:01	12:17	Pre-Bronze Free - Women - Group 3	5
12:17	12:22	Warm Up	
12:22	12:41	Pre-Bronze Free - Women - Group 4	6
12:41	12:46	Warm Up	
12:46	13:06	Pre-Bronze Free- Women - Group 5	6
13:06	13:11	Warm Up	
13:11	13:30	Pre-Bronze Free- Women - Group 6	6
13:30	13:35	Warm Up	
13:35	13:55	Pre-Bronze Free - Women - Group 7	6
13:55	14:10	Ice Resurface	
14:10	14:15	Warm Up	5
14:15	14:28	Bronze - Artistic - Group 1	5
14:28	14:33	Warm Up	5

14:33	14:46	Bronze - Artistic - Group 2	5
14:46	14:51	Warm Up	5
14:51	15:04	Bronze - Artistic - Group 3	5
15:04	15:09	Warm Up	6
15:09	15:24	Bronze - Artistic - Group 4	6
15:24	15:29	Warm Up	6
15:29	15:45	Bronze - Artistic - Group 5	6
15:45	16:00	Ice Resurface	
16:00	16:05	Warm Up	
16:05	16:18	Pre-Bronze - Artistic - Group 1	5
16:18	16:23	Warm Up	
16:23	16:36	Pre-Bronze - Artistic - Group 2	5
16:36	16:41	Warm Up	
16:41	16:54	Pre-Bronze - Artistic - Group 3	5
16:54	16:59	Warm Up	
16:59	17:12	Pre-Bronze - Artistic - Group 4	5
17:12	17:17	Warm Up	
17:17	17:32	Pre-Bronze - Artistic - Group 5	6
17:32	17:37	Warm Up	
17:37	17:53	Pre-Bronze - Artistic - Group 6	6
17:53	17:53	End of Skating	